

Doing hajj right (Session two)

Presented by Shaikh Ahmad Kutty

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At the Islamic Institute of Toronto



Reminders

- Taking time for physical and spiritual fitness
- Practice the essential *du'as*
- Immerse in hajj mode
- **Books recommended:**
- Inner dimensions of Islamic worship by Imam Ghazali
- Four Pillars by Abul Hasan Ali Nadvi
- Ibn Qayyim al-Jawziyya on the invocation of God

Restating points

- Don't get caught up in the form: Hasan al-Basari: "Allah wants your heart!"

Heart of hajj:

- Dhikr (remembrance of Allah)
- Shukr (gratitude to Allah)
- Yearning for cleansing /beginning a new chapter
- Deepen faith, trust, spirit of sacrifice



Upon arriving Makkah

- Upon arriving Makkah, one may bathe and perform ablutions, or simply perform ablutions and go to the *haram* for doing the rites of *umrah*. One may rest a while, if exhausted.
- Supplicate upon entering the *haram* as we do upon entering any mosque (see the *du'a* in the handout)
- Upon beholding the Ka'bah supplicate (see the handout); then one should do the *tawaaf*
- *tawaaf* is the greeting (*tahiyyah*) of the *haram*.



How to do *tawaaf*?

- Men should expose the right shoulder in the first 3 rounds
- Start *tawaaf* from the *hajar al-aswad*
- Touch or kiss the black stone if possible; otherwise, simply raise the right hand and start *tawaaf* saying *bismillah Allaahu akbar* (see the *du'a*)
- Walk with a brisk pace in the first three rounds (men only)



During *tawaaf*

- There are no prescribed *du'as* for *tawaaf*; therefore one say any *du'as* and read from the Qur'an. For the essential *du'as* (see the handout)
- After having read them, one may supplicate in any language and try to shed tears
- Greet the Yamani corner saying the *du'a* (see the handout)



Tawaaf (contd.)

- After the first three rounds, walk in normal pace
- After completing the seventh, proceed toward *maqaam ibraheem*
- Face the *ka'abah* and pray two *rak'ahs*; in the first *rak'ah* read surah *al-kafiroon* ((Surah:109); and in the second read surah *al-ikhlaas* (112)
- Drink from *zamzam* and pray for healing, cure, etc. (see the handout)



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Complete *sa'y* and release from *ihraam*

- When we reach Marwah, one *sa'y* is complete
- At Marwah, do the same as you did at Safa
- We finish the seventh trip at Marwa;
- Now men are to shave or cut the hair
- Women are only supposed to take a few hair-locks.
- This completes the '*umrah*'; now we are free from the restrictions of *ihraam*; and should change for the normal attire.



What is permissible in *ihraam*

- Bathing, washing of faces and hands
- Changing one set of *ihraam* for another
- Covering face from dust and sands
- Wearing a face mask for health reasons
- Using a belt to tie the *ihraam*



What is permissible...(contd.)

- Wearing eye glasses/contact lenses;
- Wearing a purse/pouch for necessity
- Scratching when itching
- Use of ordinary soaps
- Wearing an undergarment (for valid reasons)



Issues to deal with upfront

Ihraam attire for men with specific excuses

Women's issues in *ihraam* and *tawaaf*:

- Bathing for *ihraam* and menstruation
- Menstruation and *tawaaf*

Wudhu for *tawaaf*:

What if *wuhdu* breaks during *tawaaf*?

Sa'y and *wudhu*



Issues...(contd.)

- Can we take a break during *tawaaf* or *sa'y*?
- Should we resume or redo?
- What to do if *iqaamah* for *jama'ah* starts
- What if one is forced to break the *tawaaf* for valid reasons?

