



## Week 2 Reflections & Week 3 Review

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Week two of the Islamic Institute of Toronto's 12th annual camp flew by in a flurry of activities. Our theme for the week was "Use it before you lose it".

The entire week we focused on the blessings Allah has given us in our bodies. Just like any other valuable we have, this too we must take care of. The importance of healthy eating and exercise were a major component to all of the weeks activities. Breakfast is one of the most important meals of the day. On Tuesday morning, the IIT provided breakfast/brunch for everyone. We also had a presentation on *Parkour* to show different ways to keep fit.

We didn't stop there, the importance of healthy souls and minds were also looked at. Islamic studies and guest presenters centered on issues surrounding proper thoughts, action, and behaviours. This was done on two levels: for ourselves and for others.

On Thursday, July 9 was our trip to Ontario Place. The weather was perfect for a trip like this, Alhamdulillah. The children had play-all-day passes and got to go on many rides.

### THIS WEEK:

This week our theme is "Planting the Seeds for the Hereafter". Our main goal is to get across the idea that our actions today have a great bearing on what happens to us in



the hereafter. This week we have Shaikh Abdool-Hamid conducting some of the Islamic Studies classes, Woo Shu movement exercises, and much more!

### Please Note:

- This weeks trip is to Metro Toronto Zoo
- The cost of the trip is \$ 20 (+ \$10 donation to offset costs)
- This week's field trip has a permission form as well. Please fill this form out and send it with the payment to your child's counselor.

## Field Trips

There has been some confusion with regards to the costs of the Field Trips. The True cost of last week's trip to Ontario Place was \$30 per camper. The IIT charged \$20 per camper and absorbed the outstanding cost.

Unfortunately, this option of subsidizing is not a real solution. *Insha'Allah*, this week's trip will be to the **Toronto**

**Zoo on Thursday, July 16<sup>th</sup> 2009.** The bus is scheduled to leave at **9:15 a.m.** A form was sent out on Monday requesting parents to pay the true cost of the trip which was \$30.

Upon review and speaking to many parents, the **cost of the trip has been changed to \$20 per child with a request of \$10 donation to offset extra-neous costs.** Another permis-

sion form was sent out reflecting the changes. For this trip please send the following with your child:

- Lunch and snack
- \$20.00 to cover the cost of the trip
- Running shoes, clothing appropriate to weather



*Please refrain from sending products with nuts.*

## *Important Allergy Note*

We have a few kids who are allergic to nuts and seeds. We are appealing to all parents to avoid sending items such as peanuts, cashews, hazelnuts, almonds, chest-

nuts, pistachios or anything containing nuts or seeds. Please also avoid sending items containing coconut, shrimp, or egg. If your

child has an allergy and is in need of an epipen please make sure they bring it everyday and keep it with them.

**Please ensure that all garbage generated from lunch is discarded at home.**

## *City of Toronto Civic Worker’s Strike*

The current Toronto civic workers strike has affected everyone including our camp. Many of the places that have historically been visited during the camp are not available until the strike

is over. This strike also includes our garbage collection service.

**As a result of this disruption, any garbage generated from lunch and**

**snacks will be sent home with the children.**

Please ensure that all garbage is disposed of at home.

## *Meet our Staff*

Sr. Rownak Chowdhury is the Principal of the Camp and Br. Aamir Zaidi is the Camp Administrator this year.

They can be reached during camp hours at (416) 335-9173.

Group 1: Amina Allalou, Asiyah Ally, Mina-As-Saadia Effendi

Group 2: Abdullah Hassan, Saaliha Khadim

Group 3: Sana Ansari, Soumia Allalou, Farheena Khan

Group 4: Kamil Abdullah, Shehtaj Bhura,

Group 5: Saajida Khadim, Hiba Ghouse

Recreation/General:

Alyia Chan, Alisha Ulla,

**Our camp personnel are:**

## *Grand Closing Presentation*

We are planning a grand closing session for the camp on Friday, July 31, 2009. This will be an excellent occasion for you to see what your child has achieved during the camp and to meet with other parents, *Insha’Allah*.

Children will participate in presentations and will share some of the artwork they created throughout the camp.

