

In The Name Of Allah, Most Gracious, Most Merciful

## المعهد الإسلامي في تورنتو

Islamic Institute of Toronto

Education for Virtuous Living



# WEEK TWO NEWSLETTER

THIS WEEK'S THEME: USE IT BEFORE YOU LOSE IT

All praises are for Allah, Lord of the worlds and may Allah send His Peace & Blessings on the best of messengers, Prophet Muhammad (صلى الله عليه و سلم).

#### **UPDATE:**

By the mercy of Allah, it seems our first week went by very quickly and quite smoothly. The children were broken up into groups based upon age. All the groups worked on activities around last week's theme of *Exploring Allah's creation*. We did everything from arts and crafts, recreation, Islamic and Quranic studies, to watching the award winning documentary *Planet Earth*. On Thursday, we went to the Ontario Science Centre where the children were encouraged to

explore the variety of sites and scenes. One of the most popular areas was the *Lizards and Snakes: Alive* where the 56 live snakes and lizards were on display including a 4 metre long Burmese Python. On Friday, we had Br. Fareed Amin come in and conduct a presentation on our collective responsibilities to our planet. Working with the children, ideas of everyday ways to conserve energy were discussed.

### **UP TO DATE:**

Our theme for this week is "Use it before you lose it". Many of our health issues stem from poor

diet and lack of fitness. Our goal this week is to get across the idea that healthy eating and exercise is not only good for us physically but an integral part of our faith, *Insha'Allah*. Like the many other blessing Allah has given us, we must not only thank him our body but take care of it as well. In light of this theme, please assist us and send healthy lunches and snacks for your children.



Picture from the Ontario Science Centre Website: http://www.ontari osciencecentre.ca/li zardssnakes/exhibit

#### TRIP TO ONTARIO PLACE

Insha'Allah, this week's trip will be to the Ontario Place on Thursday, July 9<sup>th</sup> 2009. The bus is scheduled to leave at 9:15 a.m. Please send the following with your child:

- Lunch and snack
- > \$20.00 to cover the cost of the trip (transportation and admission)

#### **Daily Routine**

Please take note of the following information (calendar and further info. at www.islam.ca):

• **DROP OFF TIME** 9:00 am (Childcare is available from 8:00 am at the IIT)

• PICK UP TIME 3:30 pm (Childcare is available until 5:00 pm)

• WHAT TO WEAR Running shoes, appropriate to weather conditions and temperature (within Islamic

guidelines)

• WHAT TO BRING Snacks, drinks, lunch

• FRIDAYS We will be performing salaatul Jumu'ah, please dress your child accordingly

Please note the following important information:

#### IMPORTANT ALLERGY NOTE

We have a few kids who are allergic to nuts and seeds. We are appealing to all parents to avoid sending items such as peanuts, cashews, hazelnuts, almonds, chestnuts, pistachios or anything containing nuts or seeds. Please also avoid sending items containing coconut, shrimp, or egg. If your child has an allergy and is in need of an epipen please make sure they bring it everyday and keep it with them.

#### **CITY OF TORONTO CIVIC WORKER'S STRIKE**

The current Toronto civic workers strike has affected everyone including our camp. Many of the places that have historically been visited during the camp are not available until the strike is over. This strike also includes our garbage collection service. As a result of this disruption, any garbage generated from lunch and snacks will be sent home with the children. Please ensure that all garbage is disposed of at home.

#### COUNSELORS/RESOURCE PERSONNEL

Sr. Rownak Chowdhury is the Principal of the Camp and Br. Aamir Zaidi is the Camp Administrators this year. They can be reached during camp hours at (416) 335-9173.

#### Our camp personnel this year are:

Group 1 Amina Allalou, Asiyyah Ally, Mina-As-Saadia Effendi

Group 2 Abdullah Hassan, Kamil Abdullah

Group 3 Sana Ansari, Soumia Allalou, Farheena Khan
Group 4 Saajida Khadim, Hiba Ghouse, Shehtaj Bhura
Recreation/General Alyia Chan, Alisha Ulla, Saaliha Khadim

#### RESERVE YOUR TIME FOR THE CAMP CLOSING SESSION IN AUGUST

We are planning a grand closing session for the camp on the last week in July. InshaAllah, this will be an excellent occasion for you to see what your child has achieved during the camp and to meet with other parents. We will update you as the details are confirmed.

Should you have any questions, please do not hesitate to contact us. Wasalaamu Alaikum.

IIT Office Br Farhad Khadim - Camp Coordinator

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