



In The Name Of Allah, Most Gracious, Most Merciful

المعهد الإسلامي في تورنتو

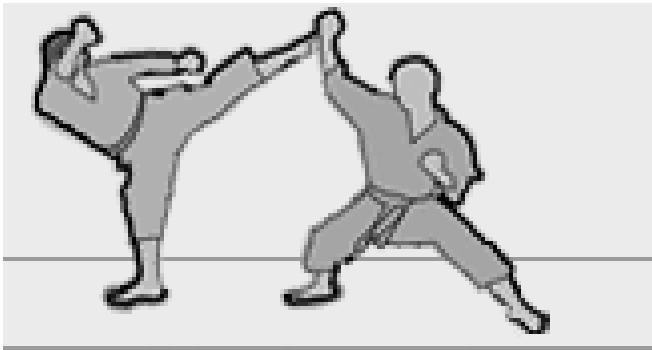
Islamic Institute of Toronto

Education for Virtuous Living

INTERNATIONAL SHOTOKAN KARATE FEDERATION OF ONTARIO
would like to announce the opening of a new location in Scarborough

WORLD CLASS KARATE ACADEMY

At the Islamic Institute of Toronto



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KARA TE DO
Empty Hand Way

Join today and give yourself the confidence you need to succeed in every aspect of life.

Benefits:

1. Physically condition your body and mind
2. Increase focus - better performance in school and work
3. Increase confidence and make you fearless
4. Develop self restraint and self discipline
5. Keep children/youth away from drugs and violence
6. Defend yourself and family
7. Compete in tournament

Instructor	Nazim Abdulla, B. Acc (Hon), C.G.A. 4th Dan/Degree Black Belt Certified Instructor, International Judge and Referee...
Registration	Call 416-300-4218 or 416-741-9955
Date & time	Sundays, January 13 - December 20, 2009 (<i>no classes in Ramadan</i>)
Time	10 am - 12pm (<i>with a break in between</i>)
Who can register	Brothers 6 and above; sisters 10 and under (<i>If there is interest from older sisters, arrangements will be made for a female instructor</i>)
Cost	\$40/month