

I list below some of the supplications for the journey, *hajj* and *'umrah*. It is important to remember that *du'a* is the outpouring of the heart before Allah. So it is best that we read the following *du'as* as much as possible and then offer *du'as* and supplications in our own language both in our minds and in words.

While stepping out of the home, offer the following supplication:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*Bismillaahi tawakkalthu 'ala Allaahi laa hawla walaa quwwatha illaa billaahi*

(I start by the name of Allah; in Allah, I place my trust. There is no strength (to do good) nor power (to resist evil) except with Allah.)

On bidding farewell to the family offer this *du'a*

ﷺ

أَسْتَوْدِعُكُمْ اللَّهَ الَّذِي لَا تَضِيعُ وَدَائِعُهُ

*Astawdi'ukum Allaaha al-ladhee laa tadhee'u wada'iuhu*

(I entrust you to the care of Allah, who never neglects His trusts.)

On beginning the journey say the following *du'a*:

بِسْمِ اللَّهِ  
اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ  
سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

*Allaahu akbar; Allaahu akbar; Allaahu akbar*

*Subhaana alladhee sakhara lanaa haadhaa wamaa kunnaa lahu muqrineen wa innaa ilaa rabbinaa la munqaliboon*

In the name of Allah. Allah is Great. Allah is Great. Allah is Great. Glory to Him who has subjugated this to us, and we would not have been able to do it without Him, and truly

unto our Lord, we shall return.

اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوَى وَمِنَ الْعَمَلِ مَا تَرْضَى ،  
 اللَّهُمَّ هَوِّنْ عَلَيْنَا سَفَرَنَا هَذَا وَاطْوِ عَنَّا بُعْدَهُ ، اللَّهُمَّ أَنْتَ الصَّاحِبُ فِي  
 السَّفَرِ وَالْخَلِيفَةُ فِي الْأَهْلِ ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ وَعْثَاءِ السَّفَرِ وَكَآبَةِ  
 الْمَنْظَرِ وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ

*Allaahumma innaa nas'aluka fee safarinaa haadha al-birra wa al-taqwa wa mina al-  
 'amali maa tardhaa*

*Allaahumma hawwin 'alaynaa safaranaa haadhaa wa itwi annaa bu'dahu*

*Allaahumma anta al-ssaahibu fi al-ssafari wa al-khaleefathu fi al-ahli*

*Allaahumma innee a'oodhu bika min wa'thaa'i al-ssafari wa ka'aabathi al-mandhari wa  
 soo'i al-munqalabi fi al-maali wa al-ahli*

O Allah, we ask You, in this journey of ours, for virtuous conduct and God-consciousness, and for deeds that would please You.

O Allah, Make this journey comfortable, and shorten its distance for us. O Allah! You are our Companion in travel and the Overseer of our families in our home. O Allah! I seek refuge in You from the rigors of travel, from distressing sights, and from harm that may unsettle wealth and families.

Formulate the intention for *hajj* and *umrah* as follows:

1. Since we are first doing the '*umrah* we are to do '*umrah* first, we should say *talbiyah* as follows:

لَبَّيْكَ اللَّهُمَّ عُمْرَةً

*Labbayka Allaahumma 'umratan*

(O Allah, I answer your call for '*umrah*)

If you are doing *hajj* on behalf of someone else, then we should specify it as follows:

لَبَّيْكَ اللَّهُمَّ عُمْرَةً عَنْ.....

O Allah, I answer your call for “*umrah* on behalf of so and so:  
After saying the above, say the *talbiyah* as follows:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ ، لَبَّيْكَ  
إِنَّ الْحَمْدَ وَالنُّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

*Labbayka Allaahumma labbayka labbayka laa shareeka laka labbayka inna al-hamda wa al-ni'matha laka wa al-mulk laa shareeka laka*

(Here I am, O Allah, at Your service; here I am at Your service. Here I am at Your service. You have no partner. All praise, all favours and all power are Yours alone. You have no partner.)

لَبَّيْكَ اللَّهُمَّ حَجَّةً وَعُمْرَةً لَا رِيَاءَ فِيهَا وَلَا سُمْعَةً

*Labbayka Allaahumma hajjathan wa 'umrathan laa riyaa'a feehaa wa laa sum'atan*

(O Allah, I answer Your call for *Hajj* and *Umrah* without desire for fame or title)  
Ask Allah to make everything easy by saying this *du'a*:

*You may turn to Allah always to make everything easy by saying this du'a:*

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا  
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا

*Allaahumma laa sahla illaa maa ja'lathahu sahlana wa anta thaj'alu al-hazana idhaa shi'tha sahlana*

(O Allah, nothing is easy unless if You make it easy. You can if You wish make a difficult task easy; so make this task easy for me.)

Continue to make *dhikr* and *du'a* by repeating phrases such as the following:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*Subhaana Allaah wa al-hamdu lillaah wa Allaahu akbar wa laa hawla walaa quwwattha illaa bi Allaahi*

(Glory be to Allah. Praise be to Allah. Allah is Great. There is no power or strength except by Allah)

سُبْحَانَ اللَّهِ  
وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ

*Subhaana Allaah wabi hamdihi subhaana Allah al-azheemi*

(Glory to Allah; praise be to Him. Glory be to Allah, the Great)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَاءَ نَفْسِهِ وَزِينَةَ عَرْشِهِ وَمِدَادَ  
كَلِمَاتِهِ

*Subhaana Allaahi wabi hamdihi 'adada khalqihi wa ridhaa'a nafsihi wa zinatha 'arshihi wa midaada kalimaathihi*

(Glory be to Allah and praise be to Him according to the number of His creatures, as it pleases Him, and as it befits the weight of His throne, and His infinite words which are beyond descriptions).

رَبِّ اغْفِرْ وَارْحَمْ وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

*Rabbi ighfir wa irham wa tub 'alayya innaka anta al-tthawwaabu al-rraheem*

(My Lord, forgive me and have mercy on me. Verily, You are the Acceptor of repentance and the Merciful)

On entering the mosque supplicate as follows:

أَعُوذُ بِاللَّهِ الْعَظِيمِ وَبِوَجْهِهِ الْكَرِيمِ وَسُلْطَانِهِ الْقَدِيمِ مِنَ الشَّيْطَانِ  
الرَّجِيمِ، بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ افْتَحْ لِي  
أَبْوَابَ رَحْمَتِكَ

*A'oodhbu billaahi al-azheemi wa bi wajhihi al-kareem wa sultaanihi al-qadeemi mina  
als-shaytaani al-rrajeem bismillaahi wa al-ssalaathu wa al-ssalaamu 'alaa rasooli  
Allahi Allaahumma ifthah lee abwaaba rahmathika*

(I seek refuge in Allah, the Great, and in His Noble Face, and Eternal Power from Satan the accursed; In the name of Allah I enter; I pray for blessings on the Messenger of Allah. O Allah, I ask You to you're your doors of mercy for me.)

Upon beholding the Ka'bah say the following:

اللَّهُ أَكْبَرُ  
اللَّهُ أَكْبَرُ  
اللَّهُ أَكْبَرُ

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ فَحَيِّنَا رَبَّنَا بِالسَّلَامِ  
اللَّهُمَّ زِدْ هَذَا الْبَيْتَ تَشْرِيفًا وَتَعْظِيمًا وَتَكْرِيمًا وَمَهَابَةً وَزِدْ مَنْ حَجَّهُ أَوْ  
اعْتَمَرَهُ تَكْرِيمًا وَتَشْرِيفًا وَتَعْظِيمًا وَبِرًّا

*Allaahu akbar! Allaahu akbar! Allaahu akbar!*

*Allaahumma antha al-ssalaam wa minka al-ssalaam fa hayyinaa rabbanaa bi al-ssalaam  
Allaahumma zid haadha al-bayta tashreefan wa ta'zheeman wa takreeman  
wa mahaabantan wa zid man hajjahu wa'itamarahu takreeman wa tashreefan wa  
ta'zheeman wa birran*

(Allah is Great. O Allah, You are Peace and You is peace. Greet us, our Lord with peace. O Allah, increase this House in eminence, magnificence, honour and reverence. And increase whoever approaches it in Pilgrimage (*Hajj*) or the Lesser Pilgrimage (*umrah*) in honour, eminence, magnificence, and virtuousness.)

While beginning tawaaf from the black stone by kissing or raising hands say:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

اللَّهُمَّ إِيْمَانًا بِكَ ، وَتَصْدِيقًا بِكِتَابِكَ ، وَوَفَاءً لِعَهْدِكَ ، وَاتِّبَاعًا لِسُنَّةِ نَبِيِّكَ  
مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Bismillaahi Allaahu akbar*

*Allaahumma eemaanana bika wa tasdeeqan bi kitaabika wa wafaa'an li 'ahdika wa  
ittibaa'an li sunnathi nabiyika Muhammadin sallallaahu 'alayhi wa sallam*

O Allah, I do this out of faith in You and to affirm Your Book, and to fulfil Your covenant, and to follow the way of Your Prophet, Muhammad, God's blessings and peace be upon him.

*Begin the tawaaf and offer du'as and supplications such as the following:*

اللَّهُمَّ إِنَّ الْبَيْتَ بَيْتُكَ ، وَالْحَرَمَ حَرَمُكَ ، وَالْأَمْنَ أَمْنُكَ ، وَهَذَا مَقَامُ الْعَائِدِ  
بِكَ

*Allaahumma inna al-baytha baythuka wa al-harma haramuka wa al-amnu amnuka wa  
hadhaa maqaam al-a'aidhi bika*

(O Allah, the house is Yours, and the sanctuary is Yours. Peace/security is Yours. This is the station of those who seek refuge in You and implore Your mercy and protection)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشَّكِّ وَالشَّرْكِ وَالشَّقَاقِ وَالنَّفَاقِ وَسُوءِ الْأَخْلَاقِ  
وَسُوءِ الْمَنْظَرِ فِي الْمَالِ وَالْأَهْلِ وَالْوَالِدِ

*Allaahumma innee a'oodhbu bika mina al-sshakki wa al-sshirak wa al-sshiqaaqi wa al-  
nnifaaqi wa soo'i al-akhlaaqi wa soo'i al-mandhar fi al-maali wa al-ahli wa al-waladhi*

(O Allah, I seek Your protection from doubts, paganism, wrangling, hypocrisy, character vices, and distressing sights in wealth, family and children)

اللَّهُمَّ اغْفِرْ وَارْحَمْ ، وَاعْفُ وَتَكَرَّمْ ، وَتَجَاوَزْ عَمَّا تَعْلَمُ ، إِنَّكَ  
أَنْتَ الْأَعَزُّ الْأَكْرَمُ

*Allaahumma ighfir wa irham wa'fu wa takarram wa tajaawaz ammaa ta'lamu innaka anta al-a'zzu al-akram*

(O Allah, forgive me and have mercy on me; forgive me and be compassionate toward me; forgive all the sins of mine that You know. You are indeed the Mighty and the Generous)

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً ، وَفِي الْآخِرَةِ حَسَنَةً ، وَقِنَا عَذَابَ النَّارِ

*Rabbanaa aathinaa fi al-ddhunyata hasanathan wafi al-aakhirathi hasanathan wa qinaa 'adhaaba al-nnaari*

Our Lord, give us good in this world and good in the Hereafter, and save us from the torment of the Fire.

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءِ

*Rabbi ij'alnee muqeema al-ssalaathi wa min dhurriyyathee rabbanaa wa taqabbal du'aa'e*

(My Lord, make me among those who are diligent in establishing Prayer, and make my children among those who do so. Our Lord, accept this prayer of mine.)

رَبَّنَا إِغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

*Rabbana ighfir lee wali waalidayya wali al-mu'mineena yawma yaqoomu al-hisaabi*

(Our Lord, forgive me, my parents and all the believers on the Day of Judgement)

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

*Rabbi irhamhumaa kamaa rabbayaanee sagheeran*

(My Lord, have mercy on my parents even as they nurtured me when I was little).

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

*Rabbanaa hab lanaa min azwaajinaa wa dhurriyyatinaa qurrata a'yunin wajj'lnaa lil muttaqeena imaaman*

(Our Lord, grant us true joy in our spouses and children and make us role models for the God-fearing).

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

*Yaa hayyu yaa qayyoomu bi rahmathika astagheehu*

(O the Everliving One and the Source of all beings! I invoke Your mercy).

بِسْمِ اللّٰهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ  
السَّمِيْعُ الْعَلِيْمُ

*Bismillaahi alladhee laa yadhurru ma'ismihi sha'un fi al-ardhi wala fi al-ssamaa'i wahuwa al-ssamee'u al-aleem*

(In the name of Allah. With His name nothing in heaven or earth can do any harm. He is All-Hearing, All-Knowing).

حَسْبِيَ اللّٰهُ لَا اِلٰهَ اِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيْمِ

*Hasbiya Allaahu laa ilaaha illaahuwa 'alayhi tawakkalthu wahuwa rabbu al-arshi al-azheem*

(Allah is sufficient for me. There is no god beside Him. In Him alone I place my trust. He is the Lord of the Mighty Throne).

After completing tawaaf pray two rak'as facing maqaam Ibraheem and the ka'bah, and then drink from zamzam water and supplicate as follows:

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ

*Allaahumma innee as'aluka ilman naafi'an wa rizqan waasi'an wa shifaa'an min kulli daa'in*

(O Allah, I ask You to bestow on me beneficial knowledge, abundant sustenance and healing and cure from all ailments).

On arriving at Safa for beginning of sa'ay one should climb the hillock as best as one can and then read the following verse of the Qur'an:

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

(“[Hence,] behold, As-Safa and Al-Marwah are among the symbols set up by Allah; [126] and thus, no wrong does he who, having come to the (sacred) House on pilgrimage or on a pious visit, strides to and fro between these two: [127] for, if one does more good than he is bound to do-behold, Allah is responsive to gratitude, all-knowing.” (Qur'an” 2:158).)

Then supplicate as follows:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، صَدَقَ اللَّهُ وَعَدَّهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Laa ilaaha illa Allaahu wahdahu laa shareeka lahu lahu al-mulku walahu al-hamdu wa huwa 'alaa kulli sha'yin qadeer sadaqa Allaahu wa'dahu wa nasara 'abdahu wa hazama al-ahzaaba wa'adahu*

(There is no god but Allah. He has no partner. To Him belongs all power and for Him is all praise, and He has absolute power over all things. There is no god but Allah. He fulfilled His promise, gave victory to His servant, and He alone defeated the confederates.)

Then you may continue to offer the above supplications, while praying freely from your heart in your preferred language. And don't forge to induce tears.